



Very Low Disease Activity (VLDA) Index for PsA

The very low disease activity index is related to the minimal disease activity index and is a tool for measuring disease state in psoriatic arthritis.

It is a composite index comprising seven domains: tender joint count, swollen joint count, psoriasis activity or extent, a functional index (HAQ), enthesitis and two patient completed visual analogue scores, one for pain and one for global disease activity. If all 7 criteria are met then the patient is deemed to be in very low disease activity.

References

1. Laura C Coates, Philip S Helliwell , <https://pubmed.ncbi.nlm.nih.gov/26669918/>

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