



UNIVERSITY OF LEEDS

## The Leeds Enthesitis Index (LEI)

**The Leeds enthesitis index (LEI) is a tool for measuring the activity of enthesitis in psoriatic arthritis. Enthesitis is a key feature of this disease, and a target for treatment. Almost all new pharmaceuticals tested for psoriatic arthritis are tested against this metric, in addition to others**

The Leeds enthesitis index measures the severity and activity of enthesitis, inflammation at the attachment of ligaments and tendons to bone. It is a simple tool requiring the clinical assessor to elicit tenderness at 6 enthesitis sites: both lateral epicondyles of the humerus, both medial condyles of the femur, and the Achilles tendon insertions using a simple scoring system to obtain the score.

### References

1. Paul J Healy, Philip S Helliwell , <https://onlinelibrary.wiley.com/doi/epdf/10.1002/art.23568>
2. Clare Groves . Muthusamy Chandramohan . Ne Siang Chew . Tariq Aslam . Philip S. Helliwell , <https://eprints.whiterose.ac.uk/116975/1/art%253A10.1007%252Fs40744-017-0053-7.pdf>

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