



UNIVERSITY OF LEEDS

## ENAT - The Arthritis Educational Needs Assessment Tool

**The Arthritis Educational Needs Assessment Tool (ENAT) is a self-administered questionnaire containing 39 statements which measure the educational needs of patients with rheumatic diseases. This gives objective information free from bias.**

The Arthritis Educational Needs Assessment Tool (ENAT) is a self-administered questionnaire containing 39 statements which measure the educational needs of patients with rheumatic diseases. The statements are grouped into 7 domains or "super-items" that ensure specific aspects of "educational needs". There are: managing pain; movement; feelings; arthritis process; treatment from health professionals; self-help measures; support from others. The ENAT can be used by clinicians in wards or clinics to assess what are the most important educational / informational needs from the patient's point of view, to allow the provision of timely and meaningful education tailored to the needs of the individual. The ENAT can also be used by researchers to assess the educational needs of patients at particular time points e.g. changes in educational needs could be assessed by comparing results from the ENAT at the start and finish of a study.

Multiple language translations are available of this product. Please contact us to enquire.

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### References

1. Ndosi, M., Bremander, A., Hamnes, B., Horton, M., Kukkurainen, M. L., Machado, P., Marques, A., Meesters, J., Stamm, T. A., Tennant, A., de la Torre-Aboki, J., Vliet Vlieland, T. P. M., Zangi, H. A. and Hill, J. (2014) , Validation of the educational needs assessment tool as a generic instrument for rheumatic diseases in seven European countries . Annals of the rheumatic diseases, 73 (12). pp. 2122-9., Annals of the rheumatic diseases., 73, 2122-9

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