UNIVERSITY OF LEEDS

Control of Eating Questionnaire (CoEQ)

The Control of Eating Questionnaire (CoEQ) is a brief, 19-item scale to assess the severity and type of food cravings an individual experiences.

Category

Healthcare Questionnaires & Outcome Measures/Other Scales Non-Software (HEBCI)

View online

CoEQ | Control of Eating Questionnaire

The Control of Eating Questionnaire (CoEQ) comprises 19-items across 4 sub-domains that are designed to assess the severity and type of food cravings an individual experiences over a pre-defined retrospective period (e.g. 24h; 1-week; 1-month). The CoEQ has been used in clinical trials as a multi-dimensional measure of appetite, craving and mood regulation. The CoEQ has good psychometric properties with a clear component structure and internal consistency. The CoEQ is valid as a measure of the experience of food cravings.

Commercial Licences:

If you are interested in using the CoEQ for commercial purposes, including clinical, organisational, or consultancy applications, please get in touch to discuss licensing options. We offer licence agreements to suit different commercial needs.

Contact us at enquiries@licensing.leeds.ac.uk to begin the conversation about commercial licensing.

Academic/Research Licences (available to order):

The CoEQ was originally developed in UK/English. It is available for academic and research purposes under the following terms:

- Original UK/English version: Free of charge for academic/research use only (i.e. strictly non-commercial purposes).
- Translations:
  - Arrange your own translation of the original UK/English version (subject to licence terms), or
  - Purchase an official validated translation (includes Certificate of Translation) for **academic/research use only** at a cost of £350 (excl. VAT) per language.
  - You can request translations during the checkout process
- Approval Process: All licence requests are subject to review and approval.
- Eligibility: Academic/research licences are only granted to individuals affiliated with a university or recognised research institution.
- Email Requirement: Requests **must** be submitted using an **academic email address** (either your own or your supervisor's).

Available Translations:

Argentina/Spanish	Norway/Norwegian	India/Telugu	Poland/Polish	Switzerland/Italian
Australia/English	France/French	India/Urdu	Portugal/Portuguese	Thailand/Thai
Austria/German	Germany/German	Israel/Arabic	Puerto Rico/Spanish	Taiwan/Traditional Chinese
Belgium/France	Greece/Greek	Israel/Hebrew	Romania/Romanian	Türkiye/Turkish
Belgium/Dutch	Hungary/Hungarian	Israel/Russian	Russia/Russian	United Arab Emirates/Arabic
Brazil/Portuguese	India/Assamese	Israel/English	Saudi Arabia/Arabic	UK/English
Bulgaria/Bulgarian	India/Bengali	Italy/Italian	Serbia/Serbian	Ukraine/Russian
Canada/English	India/English	Japan/Japanese	Serbia/Serbian Cyrillic	Ukraine/Ukrainian
Canada/French	India/Gujarati	South Korea/Korean	Slovakia/Slovak	US/Spanish
China/Simplified Chinese	India/Hindi	Lebanon/Arabic	South Africa/Afrikaans	US/English
Colombia/Spanish	India/Kannada	Malaysia/Simplified Chinese	South Africa/English	
Croatia/Croatian	India/Malayalam	Malaysia / English	South Africa/Sesotho	
Czech Republic/Czech	India/Marathi	Malaysia/Malay	Spain/Spanish	
Denmark/Danish	India/Odia	Mexico/Spanish	Sweden/Swedish	
Finland/Finish	India/Punjabi	Netherlands/Dutch	Switzerland/French	
Finland/Swedish	India/Tamil	Philippines/Tagalog	Switzerland/German	

References

1. M Dalton, G Finlayson, A Hill & J Blundell , https://www.nature.com/articles/ejcn201557, European Journal of Clinical Nutrition

Explore other available products at Leeds Licensing