



## Control of Eating Questionnaire (CoEQ)

**The Control of Eating Questionnaire (CoEQ) is a brief, 21-item scale to assess the severity and type of food cravings an individual experiences.**

The Control of Eating Questionnaire (CoEQ) comprises 21-items across 4 sub-domains that are designed to assess the severity and type of food cravings an individual experiences over a pre-defined retrospective period (e.g. 24h; 1-week; 1-month). The CoEQ has been used in clinical trials as a multi-dimensional measure of appetite, craving and mood regulation. The CoEQ has good psychometric properties with a clear component structure and internal consistency. The CoEQ is valid as a measure of the experience of food cravings.

### **Commercial Licences:**

If you are interested in using the CoEQ for commercial purposes, including clinical, organisational, or consultancy applications, please get in touch to discuss licensing options. We offer licence agreements to suit different commercial needs.

Contact us at [enquiries@licensing.leeds.ac.uk](mailto:enquiries@licensing.leeds.ac.uk) to begin the conversation about commercial licensing.

### **Academic/Research Licences (available to order):**

The CoEQ was originally developed in UK/English. It is available for academic and research purposes under the following terms:

- Original UK/English version: Free of charge for academic/research use only (i.e. strictly non-commercial purposes).
- Translations:
  - Arrange your own translation of the original UK/English version (subject to licence terms), or
  - Purchase an official translation for academic/research use at a cost of £350 (excl. VAT) per language.
  - You can request translations during the checkout process
- Approval Process: All licence requests are subject to review and approval.
- Eligibility: Academic/research licences are only granted to individuals affiliated with a university or recognised research institution.
- Email Requirement: Requests must be submitted using an academic email address (either your own or your supervisor's).

### **Available Translations:**

### **Category**

Healthcare Questionnaires &  
Outcome Measures/Other Scales  
Non-Software (HEBCI)

### **View online page**



Argentina/Spanish	Finland/Swedish	India/Punjabi	Norway/Norwegian	Switzerland/French
Australia/English	France/French	India/Tamil	Poland/Polish	Switzerland/German
Belgium/France	Germany/German	India/Telugu	Portugal/Portuguese	Switzerland/Italian
Belgium/Dutch	Greece/Greek	India/Urdu	Romania/Romanian	Thailand/Thai
Brazil/Portuguese	Hungary/Hungarian	Israel/Arabic	Russia/Russian	Taiwan/Traditional Chinese
Bulgaria/Bulgarian	India/Bengali	Israel/Hebrew	Saudi Arabia/Arabic	Türkiye/Turkish
Canada/English	India/English	Israel/Russian	Serbia/Serbian	United Arab Emirates/Arabic
Canada/French	India/Gujarati	Italy/Italian	Slovakia/Slovak	UK/English
China/Simplified Chinese	India/Hindi	Japan/Japanese	South Africa/Afrikaans	Ukraine/Russian
Croatia/Croatian	India/Kannada	South Korea/Korean	South Africa/English	Ukraine/Ukrainian
Czech Republic/Czech	India/Malayalam	Lebanon/Arabic	South Africa/Sesotho	US/Spanish
Denmark/Danish	India/Marathi	Malaysia/Simplified Chinese	Spain/Spanish	US/English
Finland/Finnish	India/Odia	Mexico/Spanish	Sweden/Swedish	

## References

1. M Dalton, G Finlayson, A Hill & J Blundell , <https://www.nature.com/articles/ejcn201557>, European Journal of Clinical Nutrition