

ChARM - The Children's Arm Rehabilitation Measure

The ChARM measures how well children aged between 5 and 16 years old with cerebral palsy complete 21 common activities, using a 21 item questionnaire.

The ChARM measures how well children aged between 5 and 16 years old with cerebral palsy complete 21 common activities, using a 21 item questionnaire. The ChARM is not a measure of a child's arm or hand ability. This means that if they only have one arm affected by cerebral palsy, they will complete some activities more easily than a child who has both arms affected. The ChARM is designed to be completed by the child's parent or guardian using a multiple choice question format.

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References

Preston N, Horton M, Levesley M, Mon-Williams M, O'Connor RJ. (2017), Development of a parent-reported questionnaire evaluating upper limb activity limitation in children with cerebral palsy., *Physiother Res Int*.

<https://licensing.leeds.ac.uk/product/charm-the-childrens-arm-rehabilitation-measure>